



## The 4 Gateways Basic Coach Training Program Overview

The Basic Coach Training Program is a 7-month program including the following components:

**Three 3-day in-person intensives** currently being held in Boulder, Colorado and in the New York City area.

**Instructional Teleclasses.** Four of which take place before the first intensive weekend. Four each take place between the first and second weekends for a total of 12 general Teleclasses.

**Mentor Meetings:** These are virtual meetings held conference call/teleclass style with small groups of participants with program mentors. These calls begin after the first weekend intensive. (8 in total)

**Buddy Calls:** These are weekly required calls offering participants the opportunity to practice with one another and work through materials. These calls also begin after the first weekend intensive.

**Online Participation:** Through the use of a Google chat room, participants will be able to connect with one another, share information and process and discuss program content and concerns. This is moderated by a member of the 4 Gateways Team.

**Practice-Building Support:** Participants can take advantage of business and marketing coaching that is built into the program.

It is anticipated that everyone will have one or more paying coaching clients by the end of the training.

The process of **certification** requires the full participation in all activities along with the examination and demonstration of proficiency with the coaching model. Final decisions about certification will ultimately be determined by Tom Daly.

**Pre-requisites for the course.** It is strongly suggested that participants of this coaching program, especially those who are seeking certification, already have experience in the helping professions. A basic knowledge of coaching, counseling or other therapeutic modalities is urged in order to provide a framework for the process. Should anyone have questions or concerns about this Tom Daly, Seth Braun or a member of the team they designates should be consulted before application is finalized. This prerequisite will increase the likelihood that participants will complete the course. Also to be considered is if someone is anticipating a major life change during the course of the program. Again, this may increase the likelihood that the individual may not complete the course and will also disrupt the flow of mentor groups and buddy relationships.

### Benefits of Certification:

The benefits of certification as they have been outlined include:

- The ability to call oneself a Certified 4 Gateways Coach
- The permission to use the logo (without any alteration) on business cards, stationery, website and other promotional material.
- The ability to continue with advanced training.
- A certificate suitable for office display
- Listing on the 4G's website as a certified coach along with info about any practice specialties.